



ATHLETES CODE OF BEHAVIOUR

Play by the rules.

Never argue with an official. If you disagree, have your coach or manager approach the official during a break or after the competition.

Control your temper. Verbal abuse of officials and sledging other athletes, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.

Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.

Be a good sport. Applaud all good performances whether they are made by your team or another team.

Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.

Cooperate with your coach, team-mates and other teams. Without them there would be no competition.

Participate for your own enjoyment and benefit, not just to please parents and coaches.

Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Refrain from engaging in negative or destructive discussion or postings on social media about athletes, coaches, spectators, officials, administrators or other teams, that may be viewed as abusive, harassing or offensive in nature.